WOMEN'S RETREAT Friends for Lite

Reconnecting with God and Each Other

Join us for a special day dedicated to love, laughter, and spiritual renewal.

Featuring:

- Marybeth Grambo Keynote speaker/Group Leader
- Chaplain Angela Bruhjell Worship Leader/Group Leader
- Pastor Saunnie Butts Group Leader
- Rev. Stephanie Parker Group Leader
- Rev. Amanda Webber Group Leader

Event Highlights:

- Dynamic Workshops
- Large Group Fellowship
- Praise, Worship and Communion Service
- Continental Breakfast and Lunch

When: Saturday, October 25th 2025 from 8:30 AM to 3:30 PM

Location: Oak Grove United Methodist Church

472 N Battlefield Blvd., Chesapeake, Virginia 23320

Registration:

Reserve your spot today! Early registration \$30; After August 25th \$35 Registration Ends September 25th

To register online go to: www.oakgroveumc.org/retreat

Or complete the attached registration form and drop it off along with your registration fee to Oak Grove's church office during normal business hours.

Questions? email sandramorgan2@me.com

Oak Grove United Methodist . * * * Women's Ministry

Women's Retreat Questionnaire

Please complete this form and mail it with your registration fee to the address at the bottom of this form. You also may drop it off with your registration fee to the church office during normal business hours. Make checks payable to Oak Grove UMC and write "the name listed on the form" and "UMW-Retreat" on the memo line of your check. If paying by cash, place the cash in an envelope and write "the name listed on the form" and "UMW-Retreat" on the envelope.

Personal Inforr	mation:
	r:
4. Are you a men	nber of a church?
a. If so, which	church:
5. Age Group:	
a. □ 18 – 20	d. □ 41 – 50
b. □ 21 – 30	e. □ 51 – 60
c. 🗖 31 – 40	f. 🗖 Over 60
6. Do you have d	etary preferences or restrictions?
a. 🗖 Vegetaria	an
b. 🗖 Vegan	
c. 🗖 Gluten-F	ree
d. 🗆 Allergies	(please specify):
e. 🗆 No Restr	ictions
7. Do you have ar	ny mobility issues? If yes, please explain:
8. Do you require	e childcare? □ No □ Yes
*If yes, please pro	vide the names and ages of each child below:

*A non-refundable fee of \$10 per child will be required. This fee must be paid along with the Women's Retreat Registration fee.

Mail to: Oak Grove UMC Women's Ministry

472 N. Battlefield Blvd. Chesapeake, VA 23320